

## What Runs Your Health Show?

Have you ever thought about what runs your body? Of course, it's your central nervous system. Your brain and spinal cord control the function of every cell, tissue and organ in your body. It's your "Master Controller." Think about it, what runs your lungs, kidneys, liver and every other organ? They don't have a little brain inside of them. It's your Master Controller. But how does that happen? How does the master controller talk to your organs?

The vast spinal neurological network connects your body to your mind. The part of the nervous system that connects your master controller to your organs is called the Autonomic Nervous System. Autonomic just means "automatic." The organs function and perform automatically. You don't have to think about it for your heart to beat, your lungs to breathe, or your kidneys to filter. It happens automatically, 24 hours a day, 365 days a year, perfectly. Your organs are on autopilot and your master controller guides them to perfect performance, unless there is interference to the communication.

What would happen if you interfered with the connection between your master controller and your organs? What if your health autopilot was off course? It would be impossible for the organ to work properly. It might still work, but not the way it was intended to, not perfectly. This is what Wellness Chiropractors call a subluxation. Subluxations interfere with the communication between the master controller and the organs by interfering with the autonomic nervous system. Wellness Chiropractic specializes in identifying subluxations and removing them to restore the communication and health back to your body.

Call Meyer Chiropractic and Wellness Center for a consultation to determine if Wellness Chiropractic could benefit you and your health!

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